* Field Uniform
* OA sash
* Completed Med Form
* Tent
* Flashlight
* Sleepwear for however many nights there (appropriate for weather)
* Clothes for however many days attending (appropriate for weather)
* Extra clothes for service or other activities (willing to get dirty in)
* Sleeping Bag/Pillow
* Cot or Mattress
* Reusable Water Bottle
* Woapink Spirit
  + Anything pink
  + Woapink apparel
  + Woapink attitude
* Poncho/Rain jacket
* Boots and hiking shoes (comfortable to walk in and work in)
* Bug Spray/Sunscreen (if needed)
* Totin Chip (if bringing knife)
* First Aid Kit
* Day bag (if needed)
* Any other personal items